

Food or Extract Source*	Major Class(es)	Major Color(s)	Major Phytonutrient(s)	Addit'l Features	Major Benefits
<b>Barley Grass Juice Powder*</b>	Amine/Terpene Carotenoid	<b>Green</b>	Chlorophyll, carotenoids	Rich in Vit. C, iron, enzymes	Antioxidant, alkalizing, detoxifying, nutrient dense
<b>Spirulina*</b>	Amine/Terpene Carotenoid	<b>Green</b>	Chlorophyll, carotenoids	Rich in Vit. B, Chromium, Selenium, EFA	Antioxidant, alkalizing, detoxifying, nutrient dense
<b>Chlorella, Japanese cracked cell</b>	Amine/Terpene Carotenoid	<b>Green</b>	Chlorophyll, carotenoids	Rich in Vit. B12, Chlorella Growth Factor, RNA, EFA	Antioxidant, alkalizing, detoxifying, nutrient dense
<b>Spinach, Parsley, Kale*</b>	Amine/Terpene Carotenoid	<b>Green</b>	Chlorophyll, mixed carotenoids, chromanols	Rich in iron, folic acid plus lutein and zeaxanthin, Vit. E and K, polyphenols, organic acids	Antioxidant, alkalizing, detoxifying, nutrient dense, supports vision health and clotting factors, anti-proliferative
<b>LuteinPlus (5% Lutein with Zeaxanthin)</b>	Terpene Carotenoids	<b>Yellow/ brown</b>	Xanthophyll carotenoid	Rich in mono and polyunsaturated fats	Supports vision and retinal health
<b>Lemon Peel</b>	Terpene and Limonoid	<b>Yellow</b>	Limonene	Polysaccharide Pectin rich	Anti-proliferative, promotes lung resistance and heart health
<b>Carrot, sweet potato, peach, mango*</b>	Terpene Carotenoid	<b>Orange</b>	Beta Carotene	Polyphenols, Vit. C, Organic Acids	Supports heart health, anti-proliferative immune functions
<b>Tomato*, LycoPure™(10% Lycopene)</b>	Terpene Carotenoid	<b>Red</b>	Lycopene	Other carotenes: phytoene, phytofluene, zeta carotene	Supports prostate, lung, colon, breast and heart health
<b>Broccoli, Brussels Sprouts, Kale*, Cabbage (Fermented)</b>	Organo-Sulfur	<b>White</b>	Glucosinolates as indole 3 carbinol and sulforaphan	SOD rich, prebiotic	Supports liver detoxification, anti-proliferative, detoxifies estrogen, eubiotic
<b>Leeks*</b>	Organo-Sulfur	<b>White</b>	Thiosulfates	Additional alkalizing minerals	Supports heart health and immune function
<b>Fibersol™ soluble rice bran*, oat beta glucan*, Aloe Vera Gel (100:1)</b>	Polysaccharide/Terpene Chromanols/Phytosterols	<b>Light Brown/ White</b>	Soluble and insoluble fiber	Source of mixed tocopherols, tocotrienols (Vit. E Complex), glyconutrients	Supports elimination, control blood sugar, cholesterol, and inflammation control, GI tract healing, soothing, and colon protective
<b>Blueberry, Billberry, Elderberry, Pomegranate, Blackberry, Beet, Cranberry, Grape Seed, Pine Bark and Billberry Extracts</b>	Polyphenols	<b>Blue/ Red/ Purple</b>	Flavonoids and anthocyanins	Rich source of organic acids	Antioxidant, anti-inflammatory support, supports cardiovascular, eye, brain, bladder and immune health, anti-proliferative
<b>Raspberry, Wild Tart and Acerola Cherry*, PhytoRed™ (20% Ellagic Acid), Cinnamon Bark and Extract 8%, Artichoke</b>	Organic Acids	<b>Red</b>	Ellagic, tannic, and cinnamic, caffeic and cholorogenic acid; cynarin	Rich in polyphenols, natural Vit. C complex, Type-A Polymers	Antioxidants, anti-proliferative, anti-bacterial properties, liver protectants, rich in inflammatory mediators, promotes insulin sensitivity
<b>IsoQuercetin-Rutin 50/50, Apples*, Milk Thistle, Green and White tea</b>	Polyphenol	<b>White</b>	Flavonoids	Quercetin, silymarin, silybin, catechins	Antioxidant, anti-inflammatory, anti-proliferative properties, supports immune and liver function, cardiovascular health, anti-histamine effects, promotes healthy veins, capillaries, gums
<b>RevervaPure™ from Polygonum Cuspidatum 15% Resveratrol</b>	Polyphenol	<b>Red/Purple</b>	Features the anthocyanin stilbene, resveratrol	Uniquely contains life span extension sirtuin (SIR) gene	Antioxidant, protects DNA, anti-viral, anti fungal, antibiotic properties, promotes healthy blood pressure and blood lipids, anti inflammatory, anti thrombosis properties
<b>Enzymes</b>	Amines	<b>White</b>	Protease, amylase, cellulase, bromelain, papain	Lipase, alpha, galactosidase, hemicellulase	Anti inflammatory, anti clotting properties, assists digestion
<b>Quinoa Sprout</b>	Lipid Phytosterol	<b>White</b>	Terpene Saponins, polysaccharides	Rich in protein, minerals, B vitamins, beta glucan, and EFA's	Very high nutrient density index seed sprout
<b>Atlantic Kelp*</b>	Terpene, carotenoid	<b>Olive Green/ Yellow Brown</b>	Carotenoids	Rich in trace minerals, especially iodine	Supports healthy thyroid function
<b>Soy Lecithin, non-GMO (20% phosphatidylcholine)</b>	Phospholipid	NA	NA	Choline source	Supports healthy heart and brain function, fat digestion, hepatoprotective